



MARTIAL ARTS UNLIMITED
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM						Kettle Bell Workout
10:00 AM						TKD Youth BJJ Kali Aikido
11:00 AM						BJJ Silat
12:00 PM						Judo Wing Chun
4:30 PM	Youth Muay Thai					
5:00 PM	Youth Muay Thai	Youth BJJ			Youth BJJ	
5:30 PM	Youth Muay Thai					
6:00 PM	Intro. Fitness	Youth Aikido	Combat Athletics		Kenpo	Kettle Bell Workout Youth Aikido Combat Athletics
7:00 PM	Adv. Muay Thai	Beg. BJJ	Wing Chun	Aikido	Adv. Savate	Beg. BJJ TKD Wh-Gr Aikido
8:00 PM	Beg. Muay Thai	Adv. BJJ	Kali	Tai Chi	Beg. Savate	CSW no-gi TKD Bl & Up Weapons